

Guidance to Liver Transplant Programs and the National Liver Review Board for: Adult MELD Exception Review

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Summary and Goals

For many patients with chronic liver disease the risk of death without access to liver transplant can be accurately predicted by the MELD score, which is used to prioritize candidates on the waiting list. However, for some patients the need for liver transplant is not based on the degree of liver dysfunction due to the underlying liver disease but rather a complication of the liver disease. These complications have an increased risk of mortality or waitlist dropout without access to timely transplant and are not reflected in the calculated MELD score.¹ This document summarizes available evidence to assist clinical reviewers in approving candidates for MELD exceptions. It contains guidance for specific clinical situations for use by the review board to evaluate common exceptional case requests for adult candidates with the following diagnoses, not all of which are appropriate for MELD exception:

- Ascites
- Budd Chiari
- GI Bleeding
- Hepatic Encephalopathy
- Hepatic Hydrothorax
- Hereditary Hemorrhagic Telangiectasia
- Polycystic Liver Disease (PLD)
- Portopulmonary Hypertension
- Primary Sclerosing Cholangitis (PSC) or Secondary Sclerosing Cholangitis (SSC)
- Metabolic Disease
- Multivisceral Transplant Candidates
- Post-Transplant Complications, including Small for Size Syndrome, Chronic Rejection, Diffuse Ischemic Cholangiopathy, and Late Vascular Complications
- Pruritus

These guidelines are intended to promote consistent review of these diagnoses and summarize the Committee's recommendations to the OPTN Board of Directors.

This resource is not OPTN Policy, so it does not carry the monitoring or enforcement implications of policy. It is not an official guideline for clinical practice, nor is it intended to be clinically prescriptive or to define a standard of care. This resource is intended to provide guidance to transplant programs and the review board.

Background

A liver candidate receives a MELD² or, if less than 12 years old, a PELD³ score that is used for liver allocation. The score is intended to reflect the candidate's disease severity, or the risk of 3-month mortality without access to liver transplant. When the calculated score does not reflect the candidate's medical urgency, a liver transplant program may request an exception score. A candidate that meets the criteria for one of nine diagnoses in policy is approved for a standardized MELD exception.⁴ If the candidate does not meet criteria for standardized exception, the request is considered by the review

¹ Waitlist dropout is removal from the waiting list due to the candidate being too sick to transplant.

² Model for End-Stage Liver Disease

³ Pediatric End-Stage Liver Disease

⁴ Policy 9.3.C: Specific MELD/PELD Exceptions, Organ Procurement and Transplantation Network Policies.

board.

The OPTN Liver and Intestinal Organ Transplantation Committee (hereafter, “the Committee”) has developed guidance for adult MELD exception candidates. The MELD Exceptions and Enhancements Subcommittee proposed these recommendations after reviewing the 2006 MELD Exception Study Group (MESSAGE) Conference, a descriptive analysis of recent MELD exception requests submitted to the OPTN, and available peer-reviewed literature. To support a recommendation for approving additional MELD exception points, there must have been adequate evidence of increased risk of mortality associated with the complication of liver disease.

This guidance replaces any independent criteria that OPTN regions used to request and approve exceptions, commonly referred to as “regional agreements.” Review board members and transplant centers should consult this resource when considering MELD exception requests for adult candidates with the following diagnoses.

Recommendation

Ascites

There is inadequate evidence to support granting a MELD exception for ascites in adult candidates with the typical clinical symptoms associated with this diagnosis.

Ascites is a common clinical finding in liver transplant candidates. Refractory ascites, as defined by the International Ascites Club, occurs in 5-10% of patients with portal hypertension and has a 1-year mortality rate of approximately 50%.^{5,6,7,8} Hyponatremia is common in patients with cirrhosis and refractory ascites from portal hypertension.^{9,10,11} In January 2016, the OPTN implemented a modification to the MELD score to incorporate serum sodium for candidates with a calculated MELD greater than 11.¹² Much of the excess mortality risk related to ascites is similar to portal hypertension and hepatorenal syndrome and will be accurately reflected in the lab values used to calculate the MELD score, specifically the serum creatinine and serum sodium. Therefore, MELD exception for ascites is not recommended.

Budd Chiari

Approval of MELD exception points for adult candidates with Budd Chiari may be appropriate in some instances.

⁵Moore, K.P., F. Wong, P. Gines, et al. “The management of ascites in cirrhosis: report on the consensus conference of the International Ascites Club.” *Hepatology* 38 (2003): 258-66.

⁶Runyon, B.A., AASLD. “Introduction to the revised American Association for the Study of Liver Diseases Practice Guideline management of adult patients with ascites due to cirrhosis 2012.” *Hepatology* 57 (2013): 1651-3.

⁷Runyon, B.A., Committee APG. “Management of adult patients with ascites due to cirrhosis: an update.” *Hepatology* 49 (2009): 2087-107.

⁸Gines P., A. Cardenas, V. Arroyo, et al. “Management of cirrhosis and ascites.” *N Engl J Med* 350 (2004):1646-54.

⁹Biggins, S.W., W.R. Kim, N.A. Terrault, et al. “Evidence-based incorporation of serum sodium concentration into MELD.” *Gastroenterology* 130 (2006):1652-60.

¹⁰Porcel, A., F. Diaz, P. Rendon, et al. “Dilutional hyponatremia in patients with cirrhosis and ascites.” *Arch Intern Med* 162 (2002):323-8.

¹¹Gines, A., A. Escorsell, P. Gines, et al. “Incidence, predictive factors, and prognosis of the hepatorenal syndrome in cirrhosis with ascites.” *Gastroenterology* 105 (1993):229-36.

¹²Biggins, S.W. “Use of serum sodium for liver transplant graft allocation: a decade in the making, now is it ready for primetime?” *Liver Transpl* 21 (2015):279-81.

Liver transplant candidates with Budd Chiari syndrome can be considered for a MELD exception based on severity of liver dysfunction and failure of standard management. Documentation submitted for case review should include all of the following:

- Failed medical or surgical management (please specify)
- Any contraindications to Transjugular Intrahepatic Portosystemic Shunt (TIPS) or TIPS failure; specify specific contraindication
- Documentation that extrahepatic malignancy has been ruled out

Gastrointestinal Bleeding

There is inadequate evidence to support granting a specific MELD exception for gastrointestinal bleeding in adult candidates who experience acute or chronic blood loss independent of their calculated MELD.

There is also inadequate evidence to support a MELD exception for transfusion dependence independent of MELD with one exception, spur cell hemolytic anemia (SCHA).¹³ However, due to the infrequent occurrence of SCHA in a transplant candidate, and its common association with recent alcohol use or active infection, MELD exception is not recommended. Similarly there is no evidence to support that candidates with transfusion dependence who develop antibodies while waiting warrant a MELD exception.^{14,15}

Hepatic Encephalopathy

Hepatic encephalopathy (HE) is a complication of chronic liver with an associated mortality independent of MELD scoring. Presently, no additional MELD priority for HE is recommended in the absence of a widely available, reliable, objective assessment of its severity.^{16, 17,18,19}

Hepatic Hydrothorax

There is inadequate evidence to support granting a MELD exception for hepatic hydrothorax in adult candidates with the typical clinical symptoms associated with this diagnosis. Liver transplant candidates with chronic, recurrent, confirmed hepatic hydrothorax could be considered on individual

¹³Alexopoulou, A., L. Vasilieva, T. Kanellopoulou, et al. "Presence of spur cells as a highly predictive factor of mortality in patients with cirrhosis." *J Gastroenterol Hepatol*. 4 (2014):830-4.

¹⁴Lyles, T., A. Elliott, D.C. Rockey. "A risk scoring system to predict in-hospital mortality in patients with cirrhosis presenting with upper gastrointestinal bleeding." *J Clin Gastroenterol* 48 (2014):712-20.

¹⁵Flores-Rendón, A.R., J.A. González-González, D. García-Compean, et al. "Model for end stage of liver disease (MELD) is better than the Child-Pugh score for predicting in-hospital mortality related to esophageal variceal bleeding." *Ann Hepatol* 7 (2008):230-4.

¹⁶Kerbert, Annarein J., Enric Reverter, Lara Verbruggen, Madelon Tieleman, Miguel Navasa, Bart J. Mertens, Sergio Rodríguez-Tajes, et al. "Impact of Hepatic Encephalopathy on Liver Transplant Waiting List Mortality in Regions with Different Transplantation Rates." *Clinical Transplantation* 32, no. 11 (2018). <https://doi.org/10.1111/ctr.13412>.

¹⁷Chiranjeevi Gadiparthi et al., "Waitlist Outcomes in Liver Transplant Candidates with High MELD and Severe Hepatic Encephalopathy," *Digestive Diseases and Sciences* 63, no. 6 (February 2018): pp. 1647-1653, <https://doi.org/10.1007/s10620-018-5032-5>.

¹⁸Cristina Lucidi et al., "Hepatic Encephalopathy Expands the Predictivity of Model for End-Stage Liver Disease in Liver Transplant Setting: Evidence by Means of 2 Independent Cohorts," *Liver Transplantation* 22, no. 10 (2016): pp. 1333-1342, <https://doi.org/10.1002/lt.24517>.

¹⁹Robert J. Wong, Robert G. Gish, and Aijaz Ahmed, "Hepatic Encephalopathy Is Associated with Significantly Increased Mortality among Patients Awaiting Liver Transplantation," *Liver Transplantation*, 2014, <https://doi.org/10.1002/lt.23981>.

basis for a non-standard MELD exception.

Hepatic hydrothorax is a relatively uncommon complication of endstage liver disease occurring in only 5-10% of patients with cirrhosis and portal hypertension.^{20,21,22} Hepatic hydrothorax can occur in either or both pleural spaces and can occur with or without portal hypertensive ascites.²³ By definition, hepatic hydrothorax is a transudative pleural effusion due to portal hypertension without a cardiopulmonary source. Infectious and malignant pleural effusions must be excluded. In this context, a serum pleural fluid albumin gradient (SPAG) of at least 1.1 g/dL may be more accurate in identifying hepatic hydrothorax than the more traditional Light's criteria for a transudative pleural effusion.^{22,24} The mostly like explanation for hepatic hydrothorax is passage of fluid from the peritoneal space to the pleural space through diaphragmatic defects which can be documented by intraperitoneal injection of 99mTc-tagged nanocolloids followed by scintigraphy.²⁵ Unlike ascites, relatively small amounts of fluid in the pleural space (1 to 2 L) lead to severe symptoms such as shortness of breath and hypoxia. Initial management with dietary sodium restriction, diuretics, intravenous albumin, and therapeutic thoracentesis can be successful. Hepatic hydrothorax can be complicated by spontaneous bacterial empyema or iatrogenic complication of thoracentesis (infections, pneumothorax, or hemothorax). For chronic, recurrent, confirmed hepatic hydrothorax, transjugular intrahepatic portosystemic shunt, indwelling pleural catheter, and surgical repair of diaphragmatic defects can be effective in some patients yet risk additional complications. Like ascites, hepatic hydrothorax is similar to portal hypertension and hepatorenal syndrome and will be accurately reflected in the lab values used to calculate the MELD score, specifically the serum creatinine and serum sodium. Therefore, MELD exception for hepatic hydrothorax is not recommended in the majority of circumstances.

Adult liver transplant candidates with chronic, recurrent, confirmed hepatic hydrothorax could be considered on an individual basis for a MELD exception provided that infectious and malignant causes have been ruled out. Documentation submitted for case review should include the following:

- At least 1 thoracentesis over 1 L weekly in last 4 weeks; report date and volume of each thoracentesis
- Pleural fluid is transudative by pleural albumin-serum albumin gradient of at least 1.1 and by cell count
- No evidence of heart failure; provide objective evidence excluding heart failure
- Pleural fluid culture negative on 2 separate occasions
- Pleural fluid cytology is benign on 2 separate occasions
- There is no contraindications to TIPS; specify specific contraindication
- Diuretic refractory

Hereditary Hemorrhagic Telangiectasia

Approval of MELD exception points for adult candidates with high output cardiac failure due to multiple arteriovenous (AV) malformations may be appropriate in some instances. Hereditary hemorrhagic telangiectasia is an uncommon, autosomal dominant genetic disorder characterized by mucocutaneous telangiectasias, as well as arteriovenous malformations in the brain, spine, lungs,

²⁰Norvell, J.P., J.R. Spivey. "Hepatic hydrothorax." *Clin Liver Dis* 18 (2014): 439-49.

²¹Baikati, K., D.L. Le, I.I. Jabbour, et al. "Hepatic hydrothorax." *Am J Ther* 21 (2014): 43-51.

²²Cardenas, A., T. Kelleher, S. Chopra. "Review article: hepatic hydrothorax." *Aliment Pharmacol Ther* 20 (2004): 271-9.

²³Badillo, R., D.C. Rockey. "Hepatic hydrothorax: clinical features, management, and outcomes in 77 patients and review of the literature." *Medicine (Baltimore)* 93 (2014): 135-42.

²⁴Porcel, J.M. "Identifying transudates misclassified by Light's criteria." *Current Opinion Pulmonary Medicine* 19 (2013): 362-7.

²⁵Hewett, L.J., M.L. Bradshaw, L.L. Gordon, et al. "Diagnosis of isolated hepatic hydrothorax using peritoneal scintigraphy." *Hepatology* (2016).

gastrointestinal tract, and liver. The AV malformations can progress to high output cardiac failure, which eventually may be irreversible. In the future, there may be effective non-transplant options, and if such agents become widely available, the recommendation to offer MELD score exception will need to be revisited.^{26,27}

Documentation submitted for case review should include both of the following:

- Documentation of high output cardiac failure by echocardiography
- Imaging supporting intra-hepatic AV malformations or severe diffuse bilobar hepatic necrosis in the setting of hepatic AV malformation

Polycystic Liver Disease (PLD)

Patients with PLD who are not clinically eligible for resection/fenestration or alternative therapy may benefit from MELD exception points. Indication for an exception include those with PLD with severe symptoms related to PLD plus *any* of the following:

- Hepatic decompensation or severe portal hypertensive complications
- Concurrent hemodialysis
- GFR less than 20 ml/min
- Patient with a prior kidney transplant
- Moderate to severe protein calorie malnutrition as documented by a registered dietician using any of the following:
 - Modified Global Leadership Initiative on Malnutrition (GLIM) Phenotypic criteria
 - American Society for Enteral and Parenteral Nutrition (ASPEN) criteria
 - Nutrition Focused Physical Exam (NFPE)
 - Subjective Global Assessment (SGA-C score)
- Severe sarcopenia as documented with skeletal muscle index (SMI < 39 cm²/m² in women and < 50 cm²/m² in men)²⁸ or equivalent

Patients who meet the criteria above are eligible for a MELD exception equivalent to MMaT.

Portopulmonary Hypertension

Candidates meeting the criteria in *Policy 9.5: Specific Standardized MELD or PELD Score Exceptions* are eligible for MELD or PELD score exceptions that do not require evaluation by the full review board.

Primary Sclerosing Cholangitis or Secondary Sclerosing Cholangitis

Candidates with Primary Sclerosing Cholangitis (PSC) or Secondary Sclerosing Cholangitis (SSC) may be at risk of adverse outcomes secondary to sepsis from cholangitis, which may not be reflected in the candidate's calculated MELD score.

Based on clinical experience and a review of the available literature, transplant programs should provide the following elements when submitting exceptions for PSC or SSC and the review board

²⁶Lee, M., D.Y. Sze, C.A. Bonham, et al. "Hepatic arteriovenous malformations from hereditary hemorrhagic telangiectasia: treatment with liver transplantation." *Dig Dis Sci* 55 (2010): 3059-62.

²⁷Boillot, O., F. Bianco, J.P. Viale, et al. "Liver transplantation resolves the hyperdynamic circulation in hereditary hemorrhagic telangiectasia with hepatic involvement." *Gastroenterology* 116 (1999): 187-92.

²⁸Carey, Elizabeth J., Jennifer C. Lai, Connie W. Wang, Srinivasan Dasarathy, Iryna Lobach, Aldo J. Montano-Loza, and Michael A. Dunn. "A Multicenter Study to Define Sarcopenia in Patients with End-Stage Liver Disease." *Liver Transplantation* 23, no. 5 (2017): 625–33. <https://doi.org/10.1002/lt.24750>.

should consider the following elements when reviewing exception applications for candidates with PSC or SSC.

The candidate must meet both of the following two criteria:

1. The candidate has been admitted to the hospital two or more times within a one year period with a documented blood stream infection or evidence of sepsis including hemodynamic instability requiring vasopressors
2. The candidate has cirrhosis

In addition the candidate must have one of the following criteria:

- The candidate has biliary tract stricture which are not responsive to treatment by interventional radiology (PTC) or therapeutic endoscopy (ERCP) or
- The candidate has been diagnosed with a highly-resistant infectious organism (e.g. Vancomycin Resistant Enterococcus (VRE), Extended Spectrum Beta-Lactamase (ESBL) producing gram negative organisms, Carbapenem-resistant Enterobacteriaceae (CRE), and Multidrug-resistant Acinetobacter.)

Metabolic Disease

Adults who develop metabolic symptoms secondary to an inherited organic acidemia or urea cycle defect which are typically transplanted during infancy or childhood may be suitable for MELD exception. Given later onset, anticipate a reduced urgency compared to early-onset disease, thus priority for transplant may be similar to other exceptions, though if a patient has more urgent medical condition, as reflected by life-threatening complications, a higher priority score can be considered.

Multivisceral Transplant Candidates

Multivisceral transplant (MVT) candidates are typically listed for the following organ combinations:

- Liver-intestine-pancreas
- Liver-intestine
- Liver-intestine-pancreas-kidney
- Liver-intestine-kidney

Because MVT candidates require multiple organs from the same donor, these candidates require access to a selective segment of the donor pool. Specifically, for intestine grafts, donors must typically meet the following criteria:

- Donor age less than 40 years old
- Donor should not be on high dose or multiple vasopressors, as this could cause intestine ischemia and dysfunction

For pancreas grafts, donors must typically meet the following criteria:

- Donor body mass index (BMI) should not be high (ideally less than 30)
- Donor should not have pancreatitis or a history of diabetes.

The liver grafts from donors meeting these criteria are often allocated to liver-alone candidates with high MELD or PELD scores before being allocated to MVT candidates. It should be acknowledged that the MELD exception for MVT candidates is not well established. However, candidates listed for a multivisceral transplant should be considered for an initial MELD exception equal to MMaT+6, in order to provide access to suitable donors and avoid waitlist mortality.

Candidates being listed for any liver and kidney multivisceral combination will have already met simultaneous liver-kidney criteria as outlined in OPTN Policy.

Further, MVT candidates should be considered for an additional 3 point increase (e.g. MMaT+9, MMaT+12), every 90 days they remain on the waitlist.

Transplant programs submitting exception requests for MVT candidates should include information on prior exception requests, if applicable. In addition, transplant programs must indicate in the exception narrative the reason the candidate requires a liver and intestine graft with or without a pancreas/kidney. A candidate should not be considered for a MELD exception if the reason he or she requires a liver transplant is solely for immunological reasons.

The following diagnoses are typical indications for multivisceral transplant. This list should be referenced by transplant programs when submitting exceptions for MVT candidates. However, the list should not be considered when determining a candidate's eligibility for a MELD exception. Indications for multivisceral transplant include but are not limited to:

- Intestine failure with liver dysfunction
- Diffuse portomesenteric thrombosis
- Neuroendocrine tumor with liver metastasis
- Unresectable intra-abdominal low-grade malignant tumors involving the liver or hepatic hilum, celiac/SMA trunk
- Catastrophic adhesive disease "Frozen abdomen"

Post-Transplant Complications

Small for Size Syndrome

Small for size syndrome refers to graft dysfunction of varying severity occurring in the early post-operative period, less than 30 days, following transplantation of a size-reduced liver allograft, with no other identified cause of graft dysfunction such as vascular thrombosis, prolonged ischemia, or other etiology.²⁹ Typical findings include worsening cholestasis and ascites. With optimal care, some patients may recover while others may require re-transplantation.

In many cases, the calculated MELD score will provide adequate priority. However, mortality risk may not be adequately reflected by the calculated MELD score in cases of severe dysfunction, and an exception may be appropriate.

Documentation submitted for case review should include all of the following:

²⁹Uemura, T., S. Wada, T. Kaido, et al. "How far can we lower graft-to-recipient weight ratio for living donor liver transplantation under modulation of portal venous pressure?" *Surgery* 159 (2016): 1623-30.

- Risk factor for small for size syndrome
- Interventions used to treat small for size syndrome
- Clinical status of the patient (hospitalized, requiring ICU care, intubated)

Chronic Rejection

There is inadequate evidence to support granting a MELD exception for chronic rejection in adult candidates with the typical clinical symptoms associated with this diagnosis.

In cases where re-transplantation is being considered, it is anticipated that progressive injury of the allograft due to rejection will be reflected in the development of liver dysfunction, and prioritization by MELD score may be appropriate. Cases with atypical clinical scenarios in which the degree of liver dysfunction and risk of waitlist mortality are not reflected by the MELD score may be considered on an individual basis.

Diffuse Ischemic Cholangiopathy

Diffuse ischemic cholangiopathy is a complication associated with donation after circulatory death (DCD) donors. Analysis of waitlist outcomes for patients re-listed after undergoing liver transplant from a DCD donor demonstrates that these patients have a similar or improved waitlist survival compared to donation after brain death (DBD) candidates who are re-listed with similar MELD scores.³⁰ However, patients with ischemic cholangiopathy may have significant morbidity and require multiple repeat biliary interventions and repeat hospitalizations for cholangitis. Despite similar waitlist outcomes as DBD donor liver recipients who are listed for retransplant, the Committee supports increased priority for prior DCD donor liver recipients to encourage use of DCD livers when appropriate.

In addition, analyses has shown that patients with a prior DCD transplant and an approved MELD score exception had an improved survival compared to those who never had an exception approved.³¹ Patients with biliary injuries and need for biliary interventions also have been demonstrated to have an increased risk of graft loss and death.³² **Therefore, patients with a prior DCD transplant who demonstrated two or more of the following criteria within 12 months of transplant are eligible for MELD exception equivalent to MMaT:**

- Persistent cholestasis as defined by abnormal bilirubin (greater than 2 mg/dl)
- Two or more episodes of cholangitis with an associated bacteremia requiring hospital admission
- Evidence of non-anastomotic biliary strictures not responsive to further treatment

Late Vascular Complications

Patients with hepatic artery thrombosis occurring within 7 days of transplant with associated severe graft dysfunction may be eligible for Status 1A, or occurring within 14 days of transplantation without

³⁰Allen, A.M., W.R. Kim, H. Xiong, et al. "Survival of recipients of livers from donation after circulatory death who are relisted and undergo retransplant for graft failure." *Am J Transplant* 15 (2014): 1120-8.

³¹Makuda, R.C., P.L. Abt, D.S. Goldberg. "Use of Model for End-Stage Liver Disease exceptions for donation after cardiac death graft recipients relisted for liver transplantation." *Liver Transpl* 21 (2015):554-60.

³²Axelrod, D.A., K.L. Lentine, H. Xiao, et al. "National assessment of early biliary complications following liver transplantation: incidence and outcomes." *Liver Transpl.* 20 (2014): 446-56.

severe graft dysfunction may be eligible for a standard exception of 40.³³³⁴ Cases of late hepatic artery thrombosis which do not meet these criteria are not eligible for standard MELD exception. **Due to the highly variable outcomes associated with late hepatic artery thrombosis, there is inadequate evidence to support granting a MELD exception in adult candidates with the typical clinical symptoms, including hepatic abscess and intrahepatic biliary strictures that may be associated with late HAT. However, patients with atypical severe complications may be considered for MELD exception on an individual basis.** Complications that warrant consideration of MELD exception are similar to those criteria noted for DCD cholangiopathy (with 2 or more episodes of cholangitis requiring hospital admission over a 3 months period plus biliary strictures not responsive to further treatment or bacteremia with highly resistant organisms). Patients with early HAT just beyond 7 or 14 day cut off with evidence of severe graft dysfunction may be considered for MELD exception, depending on the clinical scenario.

Pruritus

There is inadequate evidence to support granting a MELD exception for pruritus in adult candidates with the typical clinical symptoms associated with this diagnosis. Pruritus is a manifestation of predominantly cholestatic liver diseases. It had been reported that chronic pruritus may lead to a decreased quality of life, prolonged wound healing, skin infections, and sleep disturbance.³⁵ The frequency ranges from 80-100% for patients suffering from Primary Biliary Cirrhosis; 20-40% for patients with primary Sclerosing Cholangitis and Chronic Viral Hepatitis among other diseases.³⁶ The pruritus increases as the disease is progresses. So far data have failed to support an endpoint related to quantity but rather of quality of life and were considered inappropriate for additional MELD points.³⁷ Due to inadequate evidence of increased risk of pre-transplant mortality, or a widely-accepted threshold for access to liver transplant, MELD score exception for isolated clinical finding of pruritus is not recommended.

Conclusion

Review board members should consult this resource when assessing adult MELD exception requests. Liver programs should also consider this guidance when submitting exception requests for adult candidates with these diagnoses. However, these guidelines are not prescriptive of clinical practice.

³³Policy 9.1.A: Adult Status 1A Requirements, Organ Procurement and Transplantation Network Policies.

³⁴Policy 9.3.C: Specific MELD/PELD Exceptions, Organ Procurement and Transplantation Network Policies.

³⁵Pruritus in chronic cholestatic liver disease. Bunchorntavakul C, Reddy KR Clin Liver Dis. 2012 May;16(2):331-46.

³⁶Elman, S., L.S. Hynan, V. Gabriel, et al. "The 5-D itch scale: a new measure of pruritus." Br J Dermatol 162 (2010): 587-93

³⁷Martin, P., A. DiMartini, S. Feng, et al. "Evaluation for liver transplantation in adults: 2013 practice guideline by the AASLD and the American Society of Transplantation." (2013): 61.