**ܣܚܚܐ**

**ܣܢܩܬܐ ܐܝܠܐ ܡܘܕܥܬܐ ܕܦܲܪܨܘܦܐ ܡܫܘܬܦܐ ܓܘ eGFR**

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| --- |
| ܡܘܡܟܢ ܐܝܠܐ ܡܒܝܢ ܡܘܕܥܬܐ ܕܦܪܨܘܦܐ ܡܫܘܬܦܐ ܓܘ ܓܒܝܬܐ ܗܘ ܕܦܫܠܗ ܡܫܘܕܪܐ ܒܝܕ ܚܛܘܛܐ ܐܝܟܼ ܛܘܦܣܐ ܬܚܝܪܐ ܠܬܚܬ. ܡܨܚ ܬܚܒܚ ܐܗܐ ܛܘܦܣܐ ܩܐ ܥܒܕܬܐ ܒܡܕܝܢܐ ܕܒܥܝ ܥܒܼܕܝܠܲܝ ܦܪܨܘܦܐ ܡܫܘܬܦܐ ܓܘ ܓܒܝܬܐ ܓܲܘ ܚܛܘܛܐ ܕܝܘܟܼ. |

ܡܝܘܩܪܐ ܗܕܡܐ ܡܫܘܬܦܐ ܓܘ ܚܛܘܛܐ ܕܙܪܥܬܐ ܕܟܠܝܬܼܵܐ܇

ܐܢܬ ܒܫܩܠܝܒܼܬ ܠܐܗܐ ܟܬܼܒܼܵܐ ܡܢ ܣܒܒ ܟܬܝܒܼܬܒܼܐ ܫܡܘܟܼ ܓܘ ܣܓܠܐ ܕܣܦܪܬܐ ܠܥܒܼܕܬܐ ܥܡܠܝܬܐ ܕܙܪܥܬܐ ܕܟܠܝܬܐ ܒܟܬܒܼܬܐ ܕܫܡܘܟ ܓܘ ܐܗܐ ܚܛܘܛܐ. ܐܗܐ ܟܬܒܼܐ ܚܒܼܫ ܥܠ ܪܒܐ ܡܢ ܫܘܚܠܦܐ ܐܢܢܩܝܐ ܓܘ ܥܕܢܐ ܕܣܦܪܬܐ ܕܟܪܝܗܐ ܟܬܝܒܼܐ ܫܡܝܗ ܓܘ ܣܓܠܐ ܕܐܡܪܝܟܝܐ ܕܐܝܠܝܗ ܡܢ ܫܪܫܐ ܕܓܠܕܐ ܟܘܡܐ ܐܘ **ܐܡܪܝܟܝܐ ܕܐܝܠܝܗ ܡܢ ܫܪܫܐ ܐܦܪܝܩܝܐ**. ܘܠܐ ܐܝܠܐ ܥܠ ܟܠ ܚܛܘܛܐ ܕܙܪܥܬܐ ܕܗܕܡܐ ܓܘ ܓܘܫܡܐ ܕܒܪܢܫܐ ܩܕ ܡܘܕܥܝ ܟܠܝܗ ܗܲܕܡܐ ܡܫܘܬܦܐ ܒܐܗܐ ܦܘܓܕܢܐ.

ܒܪܝܠܐ ܫܘܚܠܦܐ ܓܘ OPTN ܓܘ ܟܠܝܗ ܚܛܘܛܐ ܕܙܪܥܬܐ ܕܟܠܝܬܐ ܘܡܢ ܐܗܐ ܥܕܢܐ ܘܠܐ ܐܝܠܐ ܕܚܙܝܬܐ ܓܘ ܣܓܠܐ ܘܝܕܥܬܐ ܡܢ ܐܗܐ ܐܡܪܝܟܝܐ ܡܢ ܫܪܫܐ ܕܓܠܕܐ ܟܘܡܐ ܐܘ ܐܡܪܝܟܝܐ ܡܢ ܫܪܫܐ ܐܦ݂ܼܪܝܩܝܐ ܡܵܨܐ ܕܚܙܐ ܘܝܕܥ ܟܡܐ ܡܢ ܥܕܢܐ ܐܝܠܐ ܣܢܩܬܐ ܒܣܒܒ ܡܦܠܚܬܐ ܠܚܙܘܐ ܕܦܠܘܚܝܐ ܡܫܘܡܗܐ eGFR ܗܘ ܕܚܒܼܫ ܥܠ ܗܝܝܘܬܐ ܕܫܪܫܐ. ܗܘ ܕܐܝܠܗ ܥܒܕܐ ܣܘܬܬܐ ܒܥܕܢܐ ܐܝܠܗ ܐܘ ܟܪܝܗܐ ܟܘܡܐ ܓܘ ܟܬܒܼܬܐ ܕܫܡܹܐ. ܝܕܥܬܐ ܘܡܚܙܝܬܐ ܟܡܐ ܡܢ ܥܕܢܐ ܐܝܠܐ ܣܢܩܬܐ ܩܐ ܥܡܠܝܬܐ ܕܙܪܥܬܐ ܐܝܠܐ ܡܢܕܝ ܐܢܢܩܝܐ ܣܒܒ ܐܝܠܐ ܚܕ ܡܢ ܐܣܘܪܐ ܩܐ ܫܩܠܬܐ ܕܦܘܓܕܐܢܐ ܡܐܢܝ ܒܘܕ ܫܩܠ ܐܗܐ ܦܘܪܣܬ.

**ܡܐ ܐܝܠܝܗ ܐܢܝ ܘܪܩܐ ܕܐܝܒܼܢ ܣܢܝܩܝܗ ܩܐ ܡܨܢ ܫܘܬܦܢ ܘܝܕܥܢ ܟܡܐ ܡܢ ܥܕܢܐ ܐܝܠܐ ܣܢܩܬܐ ܓܘ eGFR؟**

ܣܢܝܩܝܒܼܟ ܥܠ ܩܪܝܪܐ ܕܣܒܼܫ ܥܠ ܟܪܝܬܝܢܝܢ ܘܟܡܝܘܬܐ ܕeGFR ܗܒܼܝܐ ܒܫ ܪܒܐ ܡܢ 20 (ܓܘ ܚܘܪܙܐ ܕܦܝܫ ܡܘܦܠܚܐ ܫܪܫܐ ܕܦܪܨܘܦܐ) ܐܝܢܐ ܗܘܐ 20 ܐܘ ܒܫ ܒܨܘܪܐ ܠܟܠܝܗ ܦܪܨܘܦܐ ܠܐ ܟܘܡܐ.

**ܕܐܟܼܝ ܡܨܢ ܫܘܬܦܢ ܓܘ ܚܛܘܛܹܐ ܩܐ ܚܙܝܬܐ ܩܪܝܪܐ ܕܒܝܬ ܢܘܣܝܐ؟**

ܐܬܝܢ ܓܪܟ **ܡܠܬ ܫܡܐ ܓܘ ܚܛܘܛܐ ܕܙܪܥܬܐ** ܩܐ ܫܩܠܬܐ ܥܠ ܡܘܕܥܢܘܐܬܐ ܕܒܝܬ ܢܘܣܝܐ ܥܬܝܩܐ ܗܝ ܫܘܩܠܢ ܡܬܚܒܚ ܥܕܢܐ ܕܣܦܪܬܐ. ܡܨܝܬܘܢ ܗܝܪܝܬܘܠܢ ܒܐܪܘܚܐ ܡܚܒܪܬܐ ܒܐܣܝܐ ܗܘ ܕܩܡ ܡܫܕܪܘܟܼ ܠܩܢܛܪܘܢ ܙܪܥܬܐ ܕܟܠܝܬܐ ܓܢܒܢ ܐܝܟܼ ܐܣܝܐ ܕܟܠܝܬܐ ܘܡܒܩܪܬܐ ܐܢ ܐܝܬܠܝܗ ܡܘܕܥܢܘܐܬܐ ܕܝܝܢ ܐܘ ܠܐ ܓܘ ܚܙܘܐ ܕܩܢܛܪܘܢ.

**ܡܐܢܝ ܐܝܠܗ ܗܘ ܡܨܢ ܗܡܙܡܢ ܡܢܗ ܒܘܕ ܫܘܐܠܐ ܕܐܬܠܝ؟**

ܡܨܬ ܡܚܒܪܬ ܐܠܢ ܐܢ ܐܝܬ ܚܫܝܒܼܐ܇

* ܦܝܫܠܐ ܟܬܝܒܼܐ ܡܘܕܥܢܘܐܬܘܟܼ ܒܐܘܪܚܐ ܠܐ ܬܪܝܨܬܐ
* ܐܢ ܐܬܠܘܟ ܘܪܐܩܐ ܡܢ ܝܬ ܢܘܣܝܐ ܕܓܪܟ ܚܙܚܠܝܗ
* ܐܢ ܗܐܘܝܠܘܟܼ ܫܘܐܠܐ ܐܚܪܢܐ

ܥܡ ܐܝܩܪܐ،

**ܟܬܒܼܬܐ ܕܫܡܘܟܼ ܓܘ ܚܙܘܐ ܕܙܪܥܬܐ ܕܟܠܝܬܐ**

**ܕܐܟܼܝ ܡܨܢ ܝܕܥܢ ܒܫ ܙܘܕܐ ܒܘܕ eGFR ܐܘ ܒܘܕ ܐܗܐ ܫܘܚܠܦܐ ܕܒܪܐܠܐ؟**

* ܫܘܐܠܐ ܒܫ ܡܘܩܪܐ ܘܦܘܢܝܝܗ ܐܝܠܐ ܩܡ ܐܝܕܐ ܓܘ ܦܬܐ ܐܠܟܬܪܘܢܝܬܐ ܘܝܒܣܝܬ OPTN ܐܚܐ